

Draft Minutes of the Fall General meeting, October 21, 2016, at the Conference Center.

After an opening social period deliciously catered by Paradise Valley Estates, UCDEA President Jo Anne Boorkman opened the meeting at 2:34. She announced the Dickson Award winners--Brian Higgins, Gerald Kost, and Bruce Lyeth—congratulated them, and invited audience applause. She then announced those who would be leaving the UCDEA Executive Board, immediate past-president Lyn Lofland, Charlie Hess, and Alex McCalla, and thanked them for their service.

Dave Shelby, UCDDRA President, thanked those leaving the UCDDRA Board: Bob Halferty, Sylvia Hillyer, Ellie Sandoval, and Rick Keller. He then awarded the UCDDRA Scholarship to student Hanna Chale.

Tom Nesbitt introduced the keynote speaker, Dr. Michael McCloud, who originated and ran the Mini Medical School for 14 years, a lecture program to inform and prepare older adults about the aging process. Nesbitt presented him with a certificate of recognition. Dr. McCloud showed in brief, with slides and humor, what the mini med school covers, pointing out that even if all diseases were eliminated, the life expectancy would only increase by 12 years because organs continue to age. His talk ended at 3:30.

Guerran Solbach, the Health Care Facilitator, then described the changes for next year's health plans. He said that there are no major changes, besides the switch from Blue Shield to Anthem Blue Cross, and that rates are general good. Enrollment is from Oct. 27 to Nov. 22. This coming year will see the last 3% reduction in UC's contribution to retirees' health care insurance. This year it was at 74%; next year it will be at 71%. Blue Shield's Medicare PPO, now at Blue Cross, will be renamed UC Medicare PPO, and its prescriptions will be handled by Optum Rx. UC Medicare PPO insurees, therefore, should not opt out of the Optum Rx plan when it is offered. In March, when Medicare insured retirees receive the form asking if they have other insurance, call the listed number to answer, since the printed form is confusing. UC Medicare PPO's premium will be lower than this year's for Blue Shield's Medicare PPO.

VSP rates will go up 5%, but will offer a \$55 copay for progressive lenses. Medicare members will have extra paperwork due Dec. 7 due to the shift from Blue Shield. But no other action is need to make the shift in providers; it should occur automatically. After a few questions and concluding announcements by Dave Shelby, the meeting adjourned at 4:15

Respectfully submitted,

Peter L. Hays